### Standardized Field Sobriety Notebook

Illinois State Police  
Alcohol & Substance Testing Section  
I.S.P. Academy

### ARIDE Drug Category Matrix

<table>
<thead>
<tr>
<th>Depression</th>
<th>Stimulants</th>
<th>Hallucinogens</th>
<th>Dissociative</th>
<th>Narcotic</th>
<th>Inhalants</th>
<th>Cannabis</th>
</tr>
</thead>
<tbody>
<tr>
<td>HGN</td>
<td>Present</td>
<td>None</td>
<td>None</td>
<td>Present</td>
<td>None</td>
<td>Present</td>
</tr>
<tr>
<td>VGN</td>
<td>Present</td>
<td>None</td>
<td>None</td>
<td>Present</td>
<td>None</td>
<td>Present</td>
</tr>
<tr>
<td>LOC</td>
<td>Normal (1)</td>
<td>Dilated</td>
<td>Dilated</td>
<td>Normal</td>
<td>Constricted</td>
<td>Normal (2)</td>
</tr>
<tr>
<td>Internal Clock</td>
<td>Slow</td>
<td>Fast</td>
<td>Fast/Slow</td>
<td>Varied</td>
<td>Slow</td>
<td>Fast/Slow</td>
</tr>
<tr>
<td>Pupil Measurement</td>
<td>Normal</td>
<td>Dilated</td>
<td>Dilated</td>
<td>Normal</td>
<td>Constricted</td>
<td>Normal</td>
</tr>
<tr>
<td>Internal Clock</td>
<td>Slow</td>
<td>Fast</td>
<td>Fast/Slow</td>
<td>Varied</td>
<td>Slow</td>
<td>Fast/Slow</td>
</tr>
<tr>
<td>Pupil Size</td>
<td>Normal (1)</td>
<td>Dilated</td>
<td>Dilated</td>
<td>Normal</td>
<td>Constricted</td>
<td>Normal</td>
</tr>
</tbody>
</table>

1. SOMA, Quaaludes and certain antidepressants may dilate.
2. Normal but may be dilated.
3. Pupil size may be normal.

Illinois State Police  
Alcohol & Substance Testing Section  
I.S.P. Academy

ISP 5-299 (3/18)
D.U.I. Offense and Arrest Procedures

1. Initial observations and/or contact with subject
2. Driving or Actual Physical Control
3. Field Sobriety Tests / PBT
4. Arrest or don’t arrest decision
5. Disposition of vehicle and passengers
6. Transportation of subject
7. Issue Citation for Driving Under the Influence
8. Read Implied Consent (Warning to Motorist)
9. 20 minute observation period
10. Administer chemical evidential test (breath, blood, or urine)
11. Complete Law Enforcement Sworn Report
12. Read Miranda Warning and Complete Alcohol Influence Report
13. Incarcerate or release

Custodial Interrogation (Miranda Warning)

Before I ask you any questions it is my duty to advise you of your Constitutional Rights.

___ You have the right to remain silent.
___ Anything you say can be used against you in a court of law or other proceedings.
___ You have the right to a lawyer for advice before we ask you any questions, and to have him with you during questioning.
___ If you cannot afford a lawyer, one will be appointed to represent you before any questioning, if you wish.
___ You can decide at any time to exercise these rights and not answer any questions or make any statements.
___ Do you understand these Constitutional Rights I have advised you of?
Horizontal Gaze Nystagmus

- Do you have any eye problems or abnormalities?
- How is your general health?
- Please remove glasses. * (If wearing glasses)
  *Are you wearing contacts?  (Note if colored)
- Put your feet together with your hands at the side.
- Keep your head still and look at the stimulus.
- Follow the movement of the stimulus with your eyes only.
- Keep looking at the stimulus until told the test is over.
  *Do you understand the instructions?
Walk and Turn

- Do you have any physical problems or disabilities?
- Place your left foot on the line (real or imaginary). (Demonstrate placement of left foot.)
- Place your right foot on the line ahead of the left foot, with the heel of the right foot against the toe of the left foot. (Demonstrate placement of both feet.)
- Place your arms down at your sides. (Demonstrate placement of arms at sides.)
- Maintain this position until I have completed the instructions.
- Do not start to walk until told to do so.
- Do you understand the instructions so far? *You must receive some affirmative response before continuing
- When I tell you to start, take 9 heel-to-toe steps on the line, turn, and take 9 heel-to-toe steps down the line. (Demonstrate a minimum of 3 heel-to-toe steps.)
- When you turn, keep your front (lead) foot on the line, and turn by taking series of small steps with the other foot, like this. (Demonstrate the turn and a minimum of 3 heel-to-toe return steps.)
- While you are walking, keep your arms at your sides.
- Watch your feet at all times.
- Count your steps out loud.
- Once you start walking, don’t stop until you have completed the test.
  *Do you understand the instructions?
- You may begin the test.
One Leg Stand

- Please stand with your feet together and your arms down at your sides, like this.  *(Demonstrate placement of both feet and placement of arms at sides.)*
- Do not start to perform the test until I tell you to do so.
- Do you understand the instructions so far?  *(You must receive some affirmative response before continuing.)*
- When I tell you to start, raise either leg with your foot approximately 6 inches off the ground, keeping the foot parallel to the ground.  *(Demonstrate the position.)*
- Keep both legs straight and your arms at your sides.
- While holding that position, count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop.  *(Demonstrate position and count)*
- Keep your arms at your sides at all times and keep watching the raised foot.
- Do you understand?  *(Make sure subject indicates understanding.)*
- Go ahead and perform the test.  *(Officer should always time for 30 seconds.)*
  *(If subject puts foot down, give instructions to pick the foot up and continue counting from the point at which the foot touched the ground.)*

Preliminary Breath Test (PBT)

Officer can request subject to submit to a PBT.  The purpose is to demonstrate the association of alcohol with the observable evidence of the subject's impairment.  The PBT helps to confirm the chemical basis (alcohol) of the impairment.

One Leg Stand

- Please stand with your feet together and your arms down at your sides, like this.  *(Demonstrate placement of both feet and placement of arms at sides.)*
- Do not start to perform the test until I tell you to do so.
- Do you understand the instructions so far?  *(You must receive some affirmative response before continuing.)*
- When I tell you to start, raise either leg with your foot approximately 6 inches off the ground, keeping the foot parallel to the ground.  *(Demonstrate the position.)*
- Keep both legs straight and your arms at your sides.
- While holding that position, count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop.  *(Demonstrate position and count)*
- Keep your arms at your sides at all times and keep watching the raised foot.
- Do you understand?  *(Make sure subject indicates understanding.)*
- Go ahead and perform the test.  *(Officer should always time for 30 seconds.)*
  *(If subject puts foot down, give instructions to pick the foot up and continue counting from the point at which the foot touched the ground.)*

Preliminary Breath Test (PBT)

Officer can request subject to submit to a PBT.  The purpose is to demonstrate the association of alcohol with the observable evidence of the subject's impairment.  The PBT helps to confirm the chemical basis (alcohol) of the impairment.
**Walk & Turn Clues**
- Cannot keep balance while listening to instructions (feet must break apart)
- Starts too soon (only after told not to start)
- Stops walking (pauses to regain balance)
- Does not touch heel-to-toe (more than ½ inch)
- Steps off the line (one foot entirely off the line)
- Uses arms to balance (more than 6 inches)
- Improper turn (explain)

- Incorrect number of steps (+ or – 9 steps)
  Cannot do the test (explain)

**TOTAL # of clues** _______ (criterion is 2 or more)

**One Leg Stand Clues**
- Sways while balancing (side to side \ back & forth)
- Uses arms to balance (more than 6 inches)
- Hopping (keeps 1 foot raised but hops to keep balance)
- Puts foot down (puts foot down 1 or more times)

**Notes and Footwear**

**TOTAL # of clues** _______ (criterion is 2 or more)

**PBT Result of** _______ which demonstrates the association of alcohol with the observable evidence of the subject's impairment.

**Horizontal Gaze Nystagmus**
- Equal pupil size
  - yes
  - no

- Check
  - Resting nystagmus
    - yes
    - no
  - Equal tracking
    - yes
    - no

- Lack of smooth pursuit
  - left
  - right

- Clues
  - Distinct & sustained nystagmus at maximum deviation
    - left
    - right
  - Onset prior to 45 degrees
    - left
    - right

**TOTAL # of clues** _______ (criterion is 4 or more)

**Vertical nystagmus**
- yes
- no
**Walk & Turn Clues**
- Cannot keep balance while listening to instructions (feet must break apart)
- Starts too soon (only after told not to start)
- Stops walking (pauses to regain balance)
- Does not touch heel-to-toe (more than ½ inch)
- Steps off the line (one foot entirely off the line)
- Uses arms to balance (more than 6 inches)
- Improper turn (explain)

- Incorrect number of steps (+ or − 9 steps)
  Cannot do the test (explain)

**TOTAL # of clues _______ (criterion is 2 or more)**

**One Leg Stand Clues**
- Sways while balancing (side to side \ back & forth)
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**Notes and Footwear**

**TOTAL # of clues _______ (criterion is 2 or more)**

**PBT Result of _______ which demonstrates the association of alcohol with the observable evidence of the subject's impairment.**

**Horizontal Gaze Nystagmus**
- Equal pupil size
  - yes □ no □
- Check Resting nystagmus
  - yes □ no □
- Equal tracking
  - yes □ no □
- Lack of smooth pursuit
  - left □ right □
- Clues Distinct & sustained nystagmus
  - at maximum deviation
    - left □ right □
  - Onset prior to 45 degrees
    - left □ right □

**TOTAL # of clues _______ (criterion is 4 or more)**

**Vertical nystagmus**
- yes □ no □

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**Walk & Turn Clues**
- Cannot keep balance while listening to instructions (feet must break apart)
- Starts too soon (only after told not to start)
- Stops walking (pauses to regain balance)
- Does not touch heel-to-toe (more than ½ inch)
- Steps off the line (one foot entirely off the line)
- Uses arms to balance (more than 6 inches)
- Improper turn (explain)

- Incorrect number of steps (+ or − 9 steps)
  Cannot do the test (explain)

**TOTAL # of clues _______ (criterion is 2 or more)**

**One Leg Stand Clues**
- Sways while balancing (side to side \ back & forth)
- Uses arms to balance (more than 6 inches)
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- Puts foot down (puts foot down 1 or more times)

**Notes and Footwear**

**TOTAL # of clues _______ (criterion is 2 or more)**

**PBT Result of _______ which demonstrates the association of alcohol with the observable evidence of the subject's impairment.**
Walk & Turn Clues
• Cannot keep balance while listening to instructions (feet must break apart)
• Starts too soon (only after told not to start)
• Stops walking (pauses to regain balance)
• Does not touch heel-to-toe (more than ½ inch)
• Steps off the line (one foot entirely off the line)
• Uses arms to balance (more than 6 inches)
• Improper turn (explain)

• Incorrect number of steps (+ or – 9 steps)
Cannot do the test (explain)

TOTAL # of clues _______ (criterion is 2 or more)

One Leg Stand Clues
• Sways while balancing (side to side \ back & forth)
• Uses arms to balance (more than 6 inches)
• Hopping (keeps 1 foot raised but hops to keep balance)
• Puts foot down (puts foot down 1 or more times)
Notes and Footwear ____________________________

TOTAL # of clues _______ (criterion is 2 or more)

PBT Result of ________ which demonstrates the association of alcohol with the observable evidence of the subject's impairment.

Horizontal Gaze Nystagmus
Equal pupil size yes ☐ no ☐
Check Resting nystagmus yes ☐ no ☐
Equal tracking yes ☐ no ☐
Lack of smooth pursuit left ☐ right ☐
Clues Distinct & sustained nystagmus at maximum deviation left ☐ right ☐
Onset prior to 45 degrees left ☐ right ☐
TOTAL # of clues _______ (criterion is 4 or more)
Vertical nystagmus yes ☐ no ☐
Walk & Turn Clues
- Cannot keep balance while listening to instructions (feet must break apart)
- Starts too soon (only after told not to start)
- Stops walking (pauses to regain balance)
- Does not touch heel-to-toe (more than 1/2 inch)
- Steps off the line (one foot entirely off the line)
- Uses arms to balance (more than 6 inches)
- Improper turn (explain)

- Incorrect number of steps (+ or – 9 steps)
  Cannot do the test (explain)

TOTAL # of clues ______ (criterion is 2 or more)

One Leg Stand Clues
- Sways while balancing (side to side \ back & forth)
- Uses arms to balance (more than 6 inches)
- Hopping (keeps 1 foot raised but hops to keep balance)
- Puts foot down (puts foot down 1 or more times)
  Notes and Footwear

TOTAL # of clues ______ (criterion is 2 or more)

PBT Result of ________ which demonstrates the association of alcohol with the observable evidence of the subject's impairment.

Horizontal Gaze Nystagmus
- Equal pupil size yes no
- Check
- Resting nystagmus yes no
- Equal tracking yes no
- Lack of smooth pursuit left right
- Clues
- Distinct & sustained nystagmus at maximum deviation left right
- Onset prior to 45 degrees left right

TOTAL # of clues ______ (criterion is 4 or more)

Vertical nystagmus yes no
Walk & Turn Clues
• Cannot keep balance while listening to instructions (feet must break apart)
• Starts too soon (only after told not to start)
• Stops walking (pauses to regain balance)
• Does not touch heel-to-toe (more than ½ inch)
• Steps off the line (one foot entirely off the line)
• Uses arms to balance (more than 6 inches)
• Improper turn (explain)

• Incorrect number of steps (+ or − 9 steps)
Cannot do the test (explain)

TOTAL # of clues _______ (criterion is 2 or more)

One Leg Stand Clues
• Sways while balancing (side to side \ back & forth)
• Uses arms to balance (more than 6 inches)
• Hopping (keeps 1 foot raised but hops to keep balance)
• Puts foot down (puts foot down 1 or more times)

Notes and Footwear ______________________

TOTAL # of clues _______ (criterion is 2 or more)

PBT Result of _______ which demonstrates the association of alcohol with the observable evidence of the subject’s impairment.

 Illinois State Police
SFST Field Notes

Name: __________________________
Report #: _______________________
Date / Time: _____________________
Physical problems: ______________

Eye problems: _______________
Location: ______________________
Weather: _______________________
Surface: _______________________  
Witness: _______________________
Notes: _________________________

Horizontal Gaze Nystagmus
Equal pupil size yes ☐ no ☐
Check Resting nystagmus yes ☐ no ☐
Equal tracking yes ☐ no ☐
Lack of smooth pursuit left ☐ right ☐
Clues Distinct & sustained nystagmus at maximum deviation left ☐ right ☐
Onset prior to 45 degrees left ☐ right ☐

TOTAL # of clues _______ (criterion is 4 or more)
Vertical nystagmus yes ☐ no ☐

Illinois State Police
SFST Field Notes

Name: __________________________
Report #: _______________________
Date / Time: _____________________
Physical problems: ______________

Eye problems: _______________
Location: ______________________
Weather: _______________________
Surface: _______________________  
Witness: _______________________
Notes: _________________________

Horizontal Gaze Nystagmus
Equal pupil size yes ☐ no ☐
Check Resting nystagmus yes ☐ no ☐
Equal tracking yes ☐ no ☐
Lack of smooth pursuit left ☐ right ☐
Clues Distinct & sustained nystagmus at maximum deviation left ☐ right ☐
Onset prior to 45 degrees left ☐ right ☐

TOTAL # of clues _______ (criterion is 4 or more)
Vertical nystagmus yes ☐ no ☐
Walk & Turn Clues
• Cannot keep balance while listening to instructions (feet must break apart)
• Starts too soon (only after told not to start)
• Stops walking (pauses to regain balance)
• Does not touch heel-to-toe (more than ½ inch)
• Steps off the line (one foot entirely off the line)
• Uses arms to balance (more than 6 inches)
• Improper turn (explain)
• Incorrect number of steps (+ or – 9 steps)
   Cannot do the test (explain)

TOTAL # of clues _______ (criterion is 2 or more)

One Leg Stand Clues
• Sways while balancing (side to side \ back & forth)
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• Hopping (keeps 1 foot raised but hops to keep balance)
• Puts foot down (puts foot down 1 or more times)
Notes and Footwear ______________________________

TOTAL # of clues _______ (criterion is 2 or more)

PBT Result of _________ which demonstrates the association of alcohol with the observable evidence of the subject's impairment.

Horizontal Gaze Nystagmus
Equal pupil size yes no
Check Resting nystagmus yes no
Equal tracking yes no
Lack of smooth pursuit left right
Clues Distinct & sustained nystagmus at maximum deviation left right
Onset prior to 45 degrees left right

TOTAL # of clues _______ (criterion is 4 or more)
Vertical nystagmus yes no
Walk & Turn Clues
- Cannot keep balance while listening to instructions (feet must break apart)
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Notes and Footwear

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PBT Result of _______ which demonstrates the association of alcohol with the observable evidence of the subject’s impairment.

ILLINOIS STATE POLICE SFST Field Notes
Name: __________________________________________________________
Report #: ______________________________________________________
Date / Time: ____________________________________________________
Physical problems: _____________________________________________

Eye problems: __________________________________________________
Location: ______________________________________________________
Weather: _______________________________________________________
Surface: _______________________________________________________
Witness: _______________________________________________________
Notes: _________________________________________________________

Horizontal Gaze Nystagmus

<table>
<thead>
<tr>
<th>Equal pupil size</th>
<th>yes</th>
<th>no</th>
</tr>
</thead>
<tbody>
<tr>
<td>Check</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resting nystagmus</td>
<td>yes</td>
<td>no</td>
</tr>
<tr>
<td>Equal tracking</td>
<td>yes</td>
<td>no</td>
</tr>
</tbody>
</table>

| Lack of smooth pursuit | left | right |
| Clues                  |      |      |
| Distinct & sustained nystagmus at maximum deviation | left | right |
| Onset prior to 45 degrees | left | right |

TOTAL # of clues _______ (criterion is 4 or more)

Vertical nystagmus

<table>
<thead>
<tr>
<th>yes</th>
<th>no</th>
</tr>
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</table>
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Notes and Footwear __________________________

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Vertical nystagmus yes no

Horizontal Gaze Nystagmus
Equal pupil size yes no
Check Resting nystagmus yes no
Equal tracking yes no

Lack of smooth pursuit left right
Clues Distinct & sustained nystagmus at maximum deviation left right
Onset prior to 45 degrees left right
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